



## **Sisterhood Affirmation**

Sandra Y. Lewis

We are sisters bound by our African ancestry,  
and our commitment to each other,  
our people,  
and by the Creator who brought us into being.

Our sisterhood spans generations of women  
who shared a cup of sugar or flour,  
took turns sitting with a sick child,  
or held a Sister's hands in hard times.

As reflections of each other,  
we recognize our Sister's experiences as our own.  
We share in our trials and tribulations,  
our joys and sorrows, and our triumphs.

In keeping with our African tradition,  
we value the power of the spoken word.  
When speaking of each other,  
we choose our words carefully.  
With every word, deed or thought,  
we affirm and uplift each other.

As we give of ourselves,  
we reap the benefits of Maat,  
the spiritual principle of reciprocity.

In all things we honor our commitment to each other,  
resisting any and all forces which may seek to divide us.